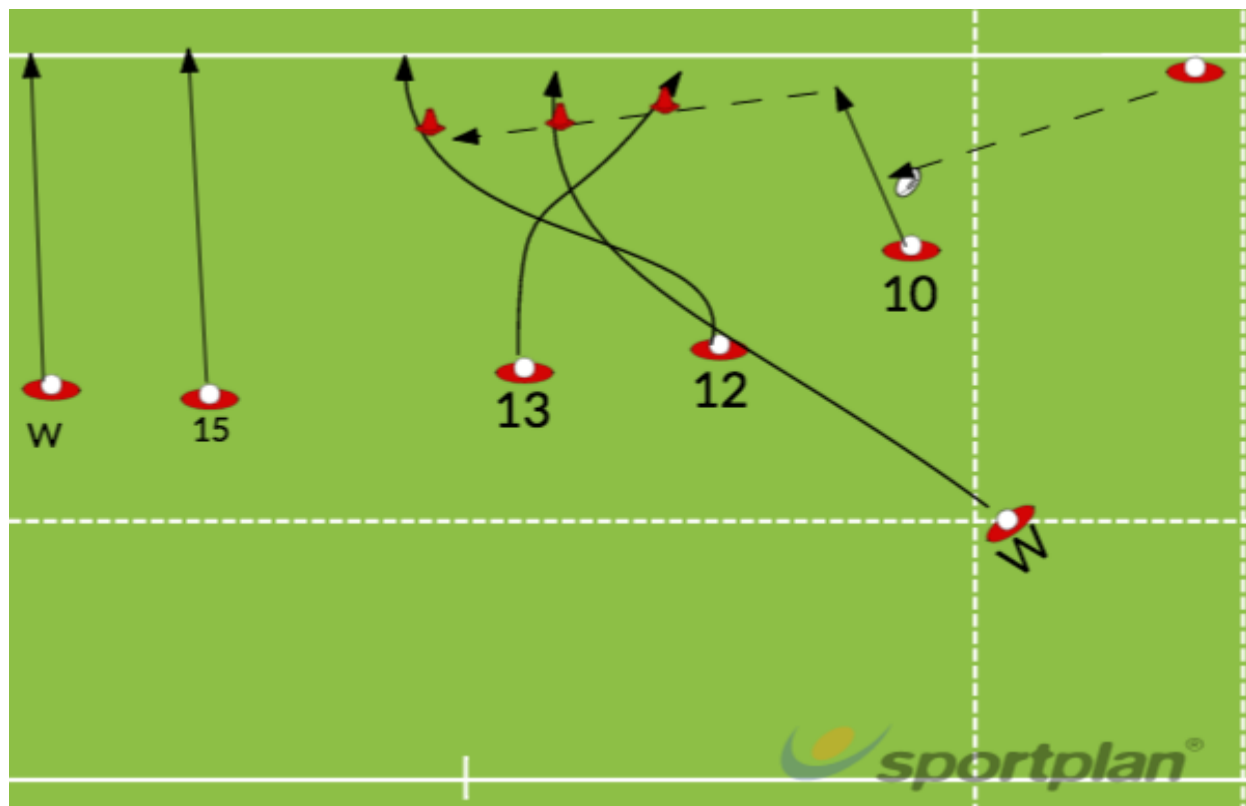




Backs Plays

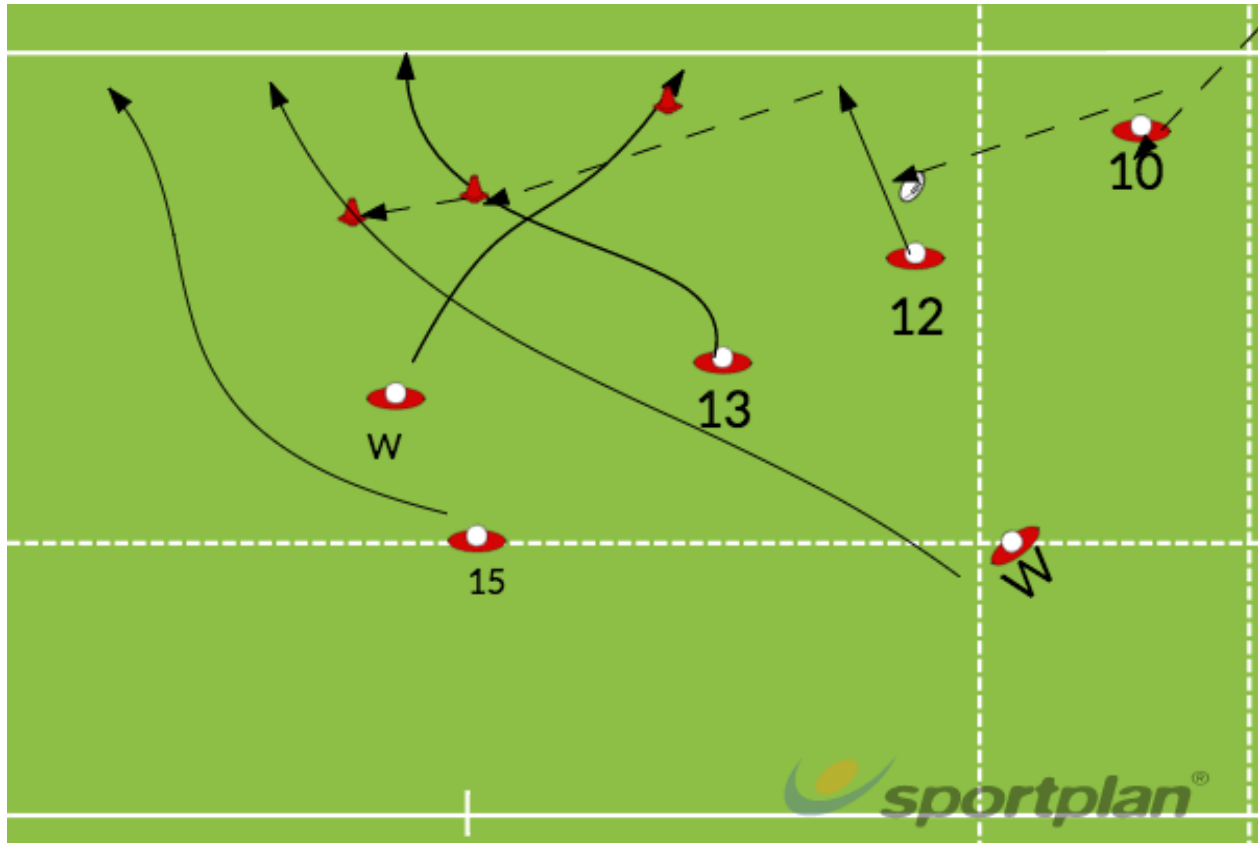
Mixer



- **3 Different options for 10 pass**
 - a. 13 on the Crash**
 - b. 12 wide behind 13**
 - c. Wing Crashing outside 13**

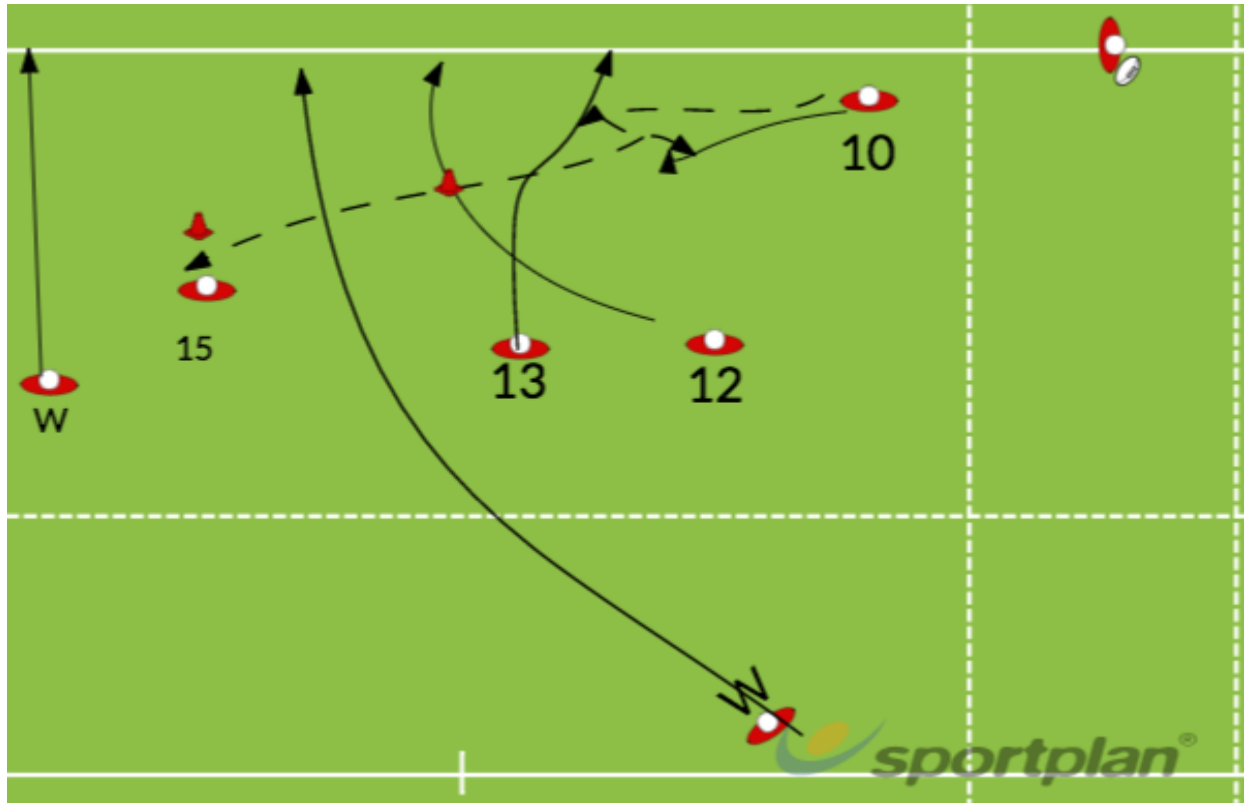
[Click to watch a video example](#)

Mixer 2



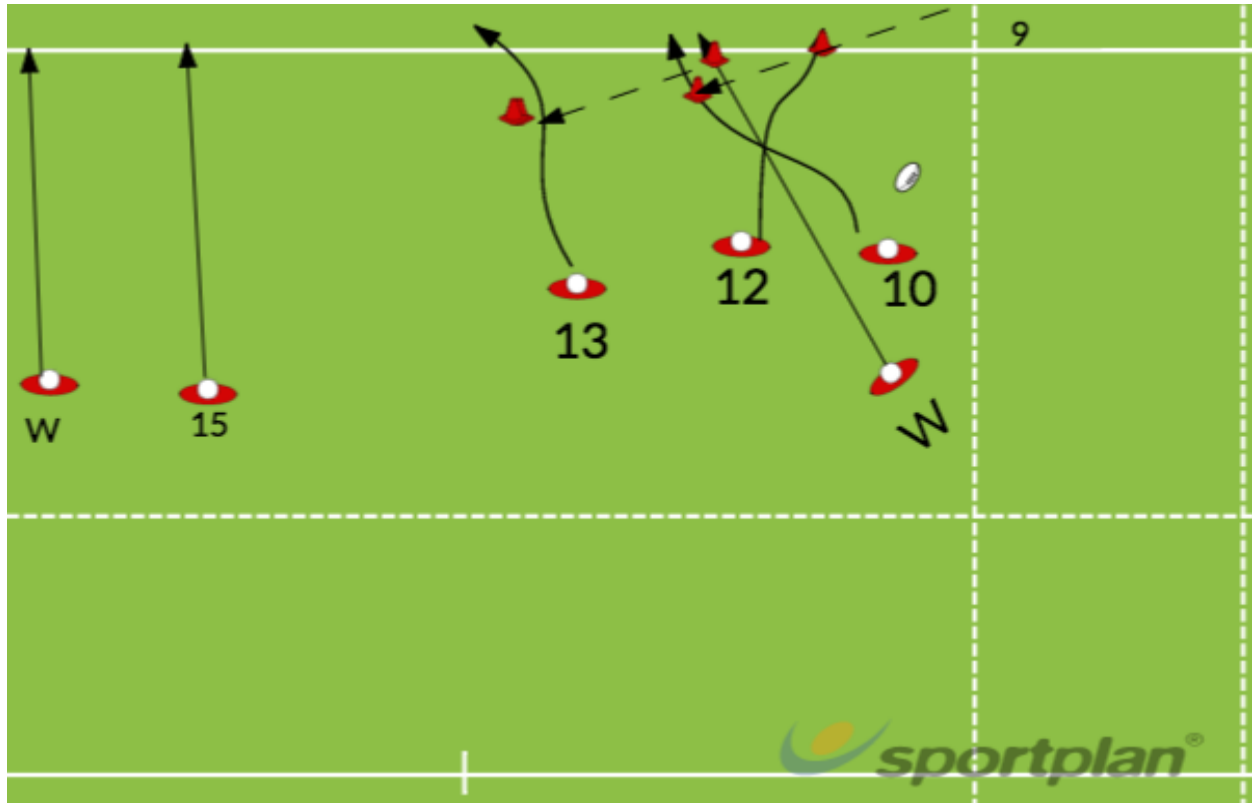
- **2 Different options for 12 pass**
 - a) **W on the crash**
 - b) **W or 15 wide behind the W**
- **Same as mixer but options off 12**

Mixer Loop



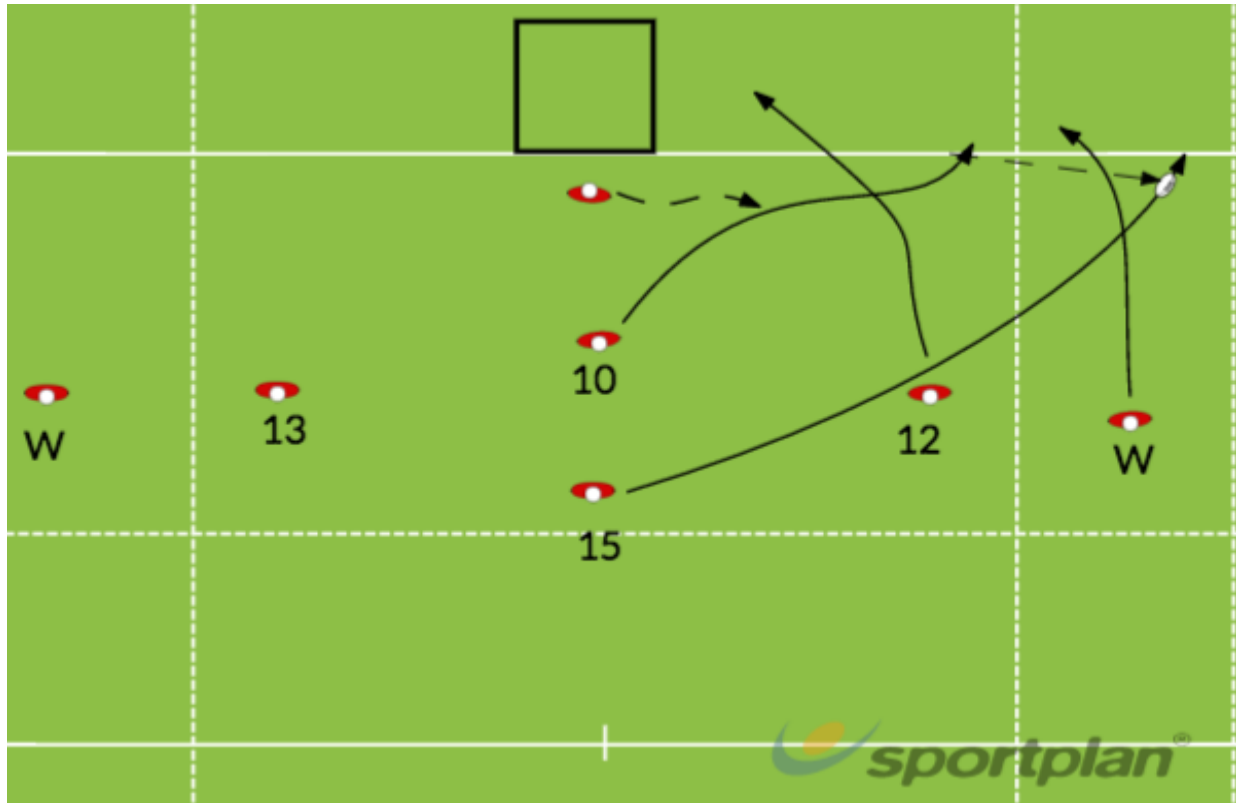
- **10- 13 on the Crash**
- **13-10 on loop**
- **2 options for 10**
 - a. 12 on Crash**
 - b. miss 12 hit FB**

9 Mixer



- **10 has 2 options**
 - a. **12 on crash**
 - b. **10 behind 12**
- **10 has 2 options**
 - a. **W inside 10 (9 mix wing)**
 - b. **W to 13**
- **Additional options: 13 crash: miss 13**

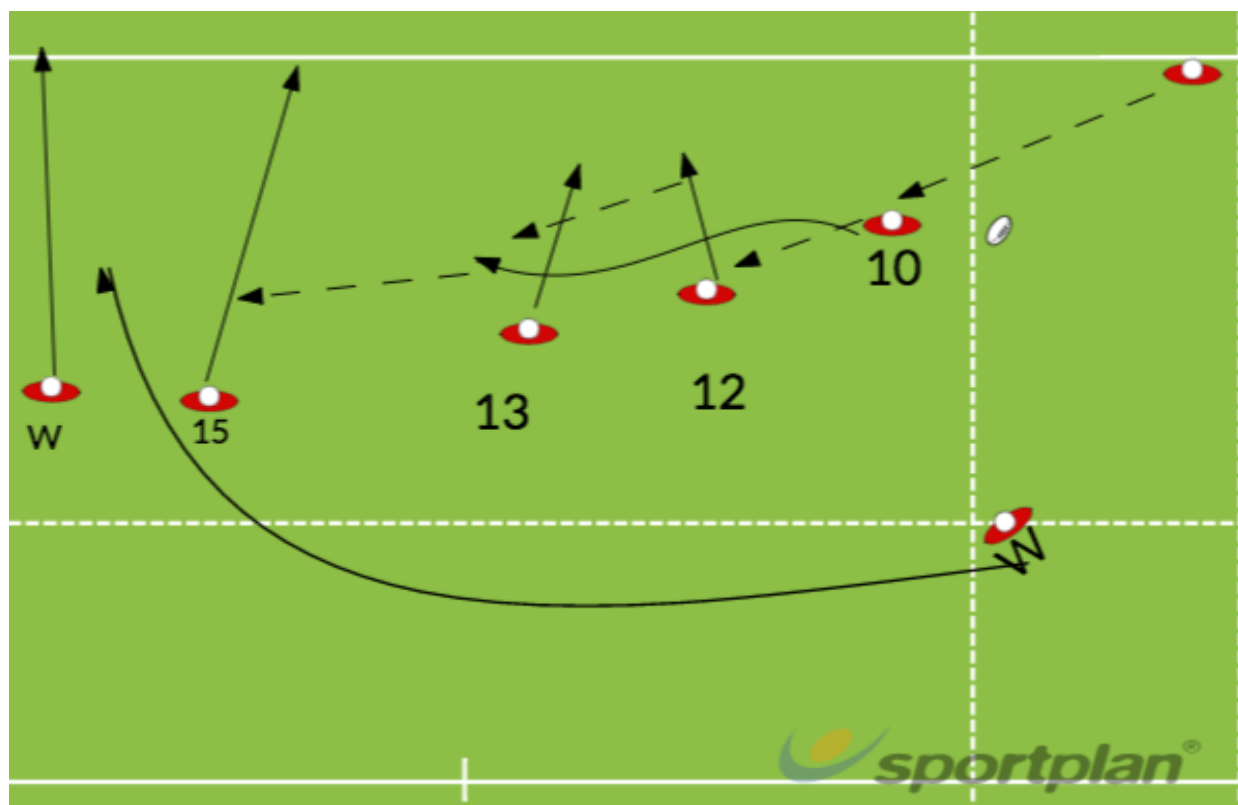
All Black Right



- **Right or Left**
- **10 goes**
- **Dummy Cut 12**
- **Ball goes behind W**
- **15 takes wide angle outside w**

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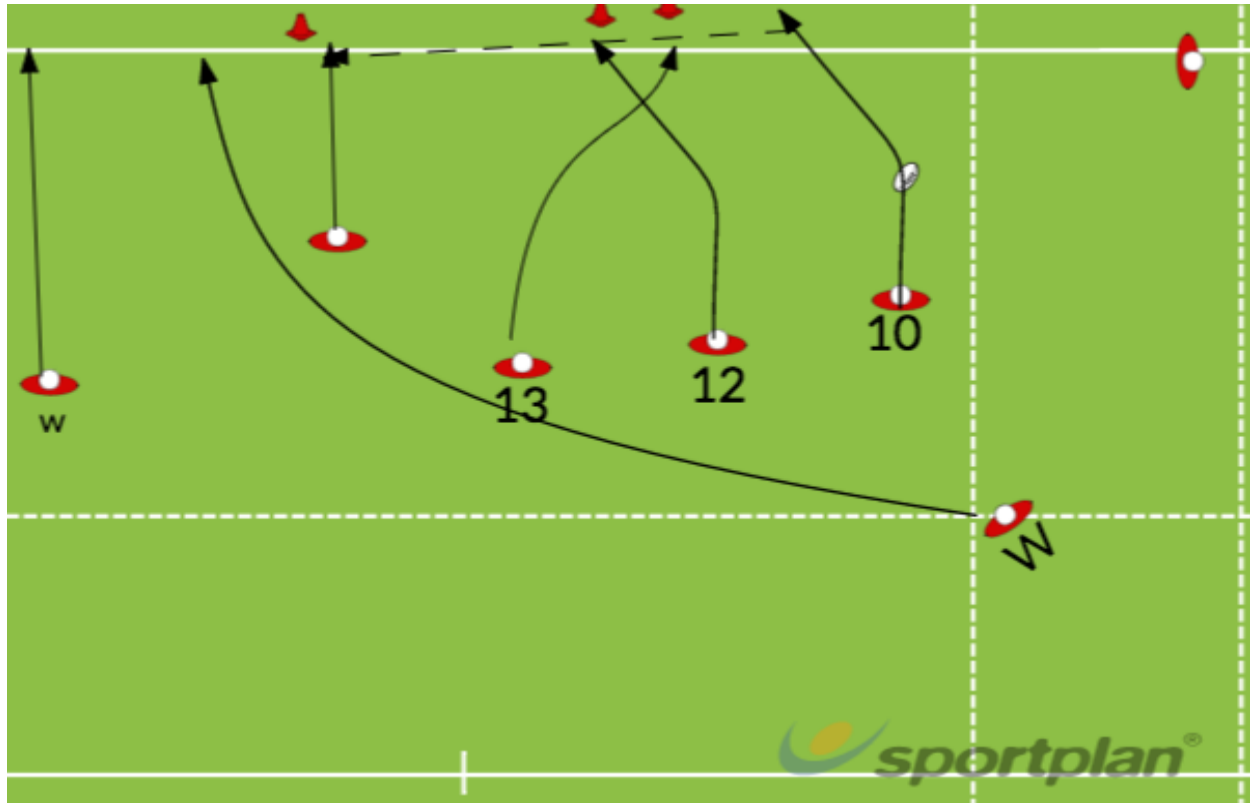
3 Up Loop



- **13 dummy Crash off 12**
- **10 loops behind 13**

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Slider



- **10 and 12 drift 13 crash in between**
 - 13 on the Crash**
 - miss 13 to 12**
 - miss 13 and 12 to FB**



Lineouts

Standard Lineout



Defensive Lineout



- **9 stands in 5m**
- **Extra forward plays scrum half**
- **2 jumpers to compete**

City Lineout

